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Vol. V, No. I

January 1990

P.O. Box 630, New Millford, N.Y. 10959

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## To The Tai Chi Player

Dear Tai Chi Player,

Another year has passed, and now the Tai Chi Farm has existed for six years. Since its creation, the purpose of the Tai Chi Farm is to provide a setting for the growth and development of Tai Chi through sharing and exchange between practitioners. Our philosophy has also encouraged cooperation between players and instructors and discouraged arguments or conflicts over small things, like which form is "real Tai Chi" or who is the "best" teacher. This new year also brings a new decade, and now I see a new trend developing for Tai Chi which is consistent with our purpose at the Tai Chi Farm. Take, for example, the Tai Chi Group which consists of instructors of different backgrounds who are cooperating together for the benefit of Tai Chi.

(Please note the announcement of these workshops inside!) Also, during the past decade, there has been a growth of Tai Chi tournaments, such as "A Taste of China" held annually on July 4th in Winchester, VA. The Tai Chi players who attend tournaments comment on the friendly and open atmosphere, which is unique for a "competitive" gathering! As this trend develops in the future decade, we can be certain that Tai Chi will develop in quality and spread to greater numbers of people.

The Tai Chi Farm will remain at its present location in Warwick, NY. With this decision comes a commitment to improve our facility and services. In the past year the Pakua Garden was expanded by B.P. Chan

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## WEEKEND WORKSHOPS

Date	Title	Instructor
May 18-20	Early Bird Weekend & Open House	Tai Chi Farm Staff (Free)
May 25-27	Early Bird Weekend & Open House	Tai Chi Farm Staff (Free)
June 1-3	Chang San-Feng Festival	
June 9-10	Swimming Dragon Chi Kung	Master T. K. Shih
June 16-17	Masterkey to Tai Chi (I)	Master Jou
July 7-8	Push Hands	David Pancarician
July 14-15	Masterkey to Tai Chi (II)	Master Jou
July 21-22	Chi Kung & Tai Chi Chuan	Master Jwing-Ming Yang
Aug. 4-5	Tao Series concluded	Master Jou
Aug. 11-12	Push Hands & Application	Sidney Austin & Angela Soucy
Aug 18-19	Traditional Yang Long Form & Application	Marsha Rosa
Aug 25-26	I Ching & Tai Chi Chuan	Susanna DeRosa

***To The Tai Chi Player— continued from page 1***

and his students. Elaine Imrie helped to manage the workshops and to plan a list of workshops with more opportunities for this new year. Marsha Rosa organized the annual Chang San Feng Festival, with an increasing variety of workshops by famous instructors. A new practice space is being built by David and Peter (the caretakers) with the help of the local students. Also, one of the cabins was renovated by a crew of Sidney Austin's students. The purchase of a new tractor with backhoe, bucket, and mower makes maintenance and repair work easier, with Derek's handling expertise! The list of volunteers who provide services to the Tai Chi Farm is too numerous to mention here. Still the contributions of every one is greatly appreciated, for this progress could not have been accomplished without them.

In closing, I would like to extend an invitation for you to visit the Tai Chi Farm. This newsletter lists a schedule for this year's program of workshops. It begins with the annual Chang San Feng Festival the first weekend in June, which shouldn't be missed! In addition to the usual program of workshops and demonstrations, this year's festival will include kite flying for fun and relaxation. Get your favorite kite ready for this special event! A more detailed description of the workshops will be coming in the March newsletter, with information about pre-registration and our facilities and location. I hope to see you soon at the Tai Chi Farm.

Sincerely,

*Jou, Tsung Hwa*  
Jou, Tsung Hwa

## FIVE DAY SEMINARS

Date	Title	Instructor
June <u>4-8</u>	Intensive Instructor's Training Class	Sam Masich, Jay Dunbar, Mackenzie Stewart, Susanna DeRosa
June 11-15	Two Person Staff Form	David Pancarician
June 18-22	Chen First Routine	Master Jou
June 25-29	San Shou: Taiji Dance of Application	Jay Dunbar & Kathleen
July <u>10-14</u>	Pa Kua Chang & Tai Chi Ruler	B. P. Chan
July 16-20	Chen 2nd Routine - Pao Tui	Master Jou
July 23-27	Push Hand with a Chinese Master	Master C. H. Yu
July 30-Aug 3	Massage, Chi-Kung & Tai Chi	Master Choyous Choy
Aug <u>6-12</u> (7 days)	Tao Series	Master Jou
Aug <u>14-18</u>	Hsing-I & Chi Kung	B. P. Chan
Aug 20-24	Tai Chi Chuan Body Mechanics	Elaine Imrie
Sept <u>1-3</u>	Full Moon Festival	

*\* Please Note: The underlined dates differ from the regular Monday – Friday schedule.*

### COURSE FEES - 1990

	Weekend	5-Days
Tuition:	\$85	\$170
Lodging: Cabin	\$20	\$ 40
Camping	\$10	\$ 20

**WEEKEND WORKSHOPS** – begin at 9:00 A.M. Saturday and end at 3:00 P.M. Sunday, with registration and informal gathering on Friday night.

**FIVE-DAY** – seminars begin at 9:00 A.M. Monday and end at 12:00 Noon on Friday, with registration and informal gathering Sunday night.

**INFORMATION** – about pre-registration, our facilities and location will be included in the March newsletter.

### ANNOUNCEMENT

The Tai Chi Group is sponsoring two Instructor's Training Classes. The intensive schedule is geared to teaching in community settings (such as adult schools, community centers, or athletic clubs).

**Quebec:** May 17-21

**Tai Chi Farm:** June 4-8

**Course Facilitators:** Sam Masich, (Chief Instructor), Mackenzie Stewart, Susanna DeRosa, Jay Dunbar

**Cost:** \$375 (Lodging and vegetarian meals included)

**Contact:** Susanna DeRosa

**Phone:** 609-466-1246

**Address:** 30 Featherbed Lane,  
Hopewell, NJ 08525

## THE TAO SERIES

by Jou, Tsung Hwa

### The Tao of Tai Chi Chuan Way to Rejuvenation

Third revised edition, hardcover, \$17.00



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Hardcover, \$15.00



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Hardcover, \$20.00



To order the book, send check or money order to:

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**Warwick, NY 10990**



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*Please Notify Tai Chi Farm if Your Address Changes*